Lesson 19 Psalm 90

1.	Read all of Psalm 90. What do you think is the overarching theme of this Psalm?
2.	a. Think about your earthly "dwelling place." What aspects of that place are most important to you; what makes it "HOME"?
	b. The Psalmist says that GOD Himself is the dwelling place of His people. How is God your "HOME'? Read also John 14:23, Eph. 2:19-22, and Rev. 21:2-3.
	c. Think about the potential historical context of this Psalm, with Moses as the attributed author. Where had Moses lived his life before being called to lead the Israelites out of Egypt? Where did he live the last forty years of his life? How might this have caused him to make the declaration that the LORD has been our dwelling place?

3.	a. What words or phrases in this Psalm describe the brevity of human life?
	b. When have you been impacted by a death which caused you to feel this reality more keenly?
4.	Re-read verses 12-17. a. In light of God's Eternality and man's mortality, what requests does the Psalmist make?
5.	Which of these requests would you ask of the LORD at this time in your life? Why?
6. th	Meditate on verse 12. What does "a heart of wisdom" imply to you? In what ways do you nk you're currently investing your time well?