

Lesson 19

Psalm 90

- [illegible]

3. a. What words or phrases in this Psalm describe the brevity of human life?

b. When have you been impacted by a death which caused you to feel this reality more keenly?

4. Re-read verses 12-17.

a. In light of God's Eternity and man's mortality, what requests does the Psalmist make?

5. Which of these requests would you ask of the LORD at this time in your life? Why?

6. Meditate on verse 12. What does "a heart of wisdom" imply to you? In what ways do you think you're currently investing your time well?