

Lesson 14
Psalm 34

Read all of Psalm 34

1. Re-read verses 1-3. What is the Psalmist's declaration in verse 1?
2. What do you think it means to bless the LORD? How do we do that? (Especially in light of doing so "at all times".)
3. The Psalmist moves from his personal commitment and invites the listeners to join him in exalting the LORD. How do you challenge others to honor the LORD?
4. Re-read verses 4-7. What is the testimony of the Psalmist in these verses?
5. What troubles or fears do you need the LORD to save you from? Will you call out to Him, believing that He hears?
6. Re-read verses 8-10.
 - a. What (likely familiar) entreaty does the Psalmist make in verse 8? Rephrase this challenge in your own words.

6. b. How have you experienced the LORD's goodness?

7. Re-read verses 11-14. Read also Proverbs 21:23 and James 3:5-10.

a. Why do you think that the specific instructions given by the Psalmist in verse 13 involve speech?

b. How do the instructions on righteous living in these verses apply to your daily life?

8. Re-read verses 15-22.

a. Are there circumstances in your life (or in the world around you) that seem contradictory to the assertions of the Psalmist in these verses?

b. How do the assurances of encourage you?

9. Which part of this Psalm resonates the most with you this week, and why?